



@pollytoys\_crochet

PATTERN  
CROCHET DOLL  
ENID SINCLAIR

# Contents

1. About me
2. Introduction
3. Supplies
4. Abbreviations
5. Process description
6. Conclusion

Hello!

My name's Dasha and I'm a doll designer!  
I create and crochet dolls and also make patterns to them.  
I've been keen on handmade since my childhood, but only  
crocheting has been thrown me into!  
Recently, I've published my book with princess and super  
heroes patterns in Russian!



# Introduction

Before starting to create the doll, I sincerely ask you to go through the following information.

This pattern doesn't include any tutorial lessons.

Buying the pattern means you accept the following requirements:

- ✓The pattern is my authorial work;
- ✓The pattern is only for personal use;
- ✓Selling, presenting or distributing the patterns in any other ways are prohibited;
- ✓If you publish on the Internet any photos of the doll crocheted following this pattern, kindly mention me as the author. Please tag me @pollytoys\_crochet

Thank you for your understanding and respecting my work. Enjoy the process and have a nice day!

# Supplies

The size of the completed doll is 10.53 inches, if you use the similar supplies mentioned below.

## 1) Yarn:

YarnArt Jeans (50g/160m, 55% cotton, 45% acryl):

- color 07 (beige) - for body;
- color 01 (white) - for skirt, stockings and boots;
- color 65 (violet) - for skirt and sweater;
- color 72 (bright-violet) - for stockings (you can use color 65 instead);
- color 91 (purple) - for skirt, sweater, hairpin and backpack.

Alize Cotton Gold (100g/330m, 55% cotton, 45% acryl):

- color 01 (milk) - for hair;
- color 33 (pink) - for skirt, sweater and backpack;
- color 216 (yellow) - for boots, skirt and sweater.

You can use any other yarn of the same characteristics.

2) Hook, suitable for the chosen yarn. I've used Tulip 1.5 - to make the doll and backpack and Clover 1.25 to make a decorative heart on the backpack;

3) Black moulinet thread;

4) Steel wire of 1 mm thick and about 2 m long, tapestry tape.

If you are going to make the doll without any skeleton, you should use a barbecue skewer or any other skeleton for the neck.

5) A piece of plastic or cardboard of 7.8 x 7.8 inches;

6) A pair of 12 mm safety eyes;

7) Oil pastel of black, pink, blue and peach color (you can use blusher instead), a paint brush to tint;

8) The pliers, scissors, pins;

9) A needle and a tapestry needle;

10) Fiberfill.



# Abbreviations



MR - Magic Ring

sc - single crochet

ch - chain

dec - decrease

inc - increase

hdc - half double crochet

dc - double crochet

tr- triple crochet

sl st - slip stitch

BLO - Back loop only

FLO - Front loop only

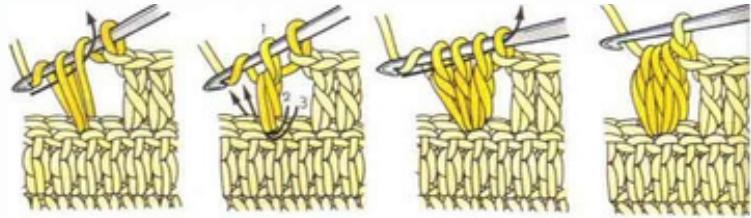
(..) \* - repeat instructions in brackets with the required number of times

# Process description

## Arms



3 dc bobble



Beige thread color.

2 pieces.

Don't fill with fiber.

**1 row:** 5 sc in MR

**2 row:** 5 inc (10)

**3 row:** 10 sc

**4 row:** 1 (3 dc bobble) - 9 sc (10)

**5 row:** (1 dec - 3 sc)\*2 (8) (the 1st dec must be exactly above 3 (dc bobble))

**6 row:** 8 sc

Work 3 shifting sc along left hand to have thread color changing exactly along the inner side of the arm.

Change thread color into pink one, cut beige thread.

**7 row:** 8 sc

**8 row:** (1 sc - 1 inc)\*4 (12)

Change thread color into violet one, don't cut pink thread.

**9 row:** BLO 12 sc

Change thread color into purple one, don't cut violet thread.

**10 row:** 12 sc

Change thread color into yellow one, don't cut thread purple thread.

**11 - 12 row (2 rows):** 12 sc

Change thread color into pink one, don't cut yellow thread.

**13 - 16 row (4 rows):** 12 sc

Work 1 shifting sc to have thread color changing exactly along the inner side of the arm.



Change thread color into violet one, don't cut pink thread.

**17 row:** 12 sc

Change thread color into purple one, don't cut violet thread.

**18 row:** 12 sc

Change thread color into yellow one, don't cut purple thread.

**19 - 20 row (2 rows):** 12 sc

Change thread color into pink one, don't cut yellow thread.

**21 - 24 row (4 rows):** 12 sc

Change thread color into violet one, don't cut pink thread.

**25 row:** 12 sc

Change thread color into purple one, cut violet thread.

**26 row:** 12 sc

Change thread color into yellow one, cut purple thread.

**27 - 28 row (2 rows):** 12 sc

Change thread color into pink one, cut yellow thread.

**29 row:** 12 sc

If it's necessary work shifting sc to finish the work along the inner part of the arm (from different sides of right and left arms).

Fix and cut thread, hide tail thread.

### **Bind off sleeve**

Attach pink thread color to FLO of the 8th row (point "1" in the photo) and work by the scheme:

**1 row:** 12 dc

**2 row:** 12 sc

Fix and cut thread, hide tail thread.



# Legs

White thread color.

2 pieces.

Don't fill with fiber.

10 ch, turn the work, from the 2nd ch.

**1 row:** 8 sc - 3 sc in 1 stitch - 7 sc - 1 inc (20)

**2 row:** 1 inc - 7 sc - 3 inc - 7 sc - 2 inc (26)

**3 row:** 1 sc - 1 inc - 7 sc - (1 sc - 1 inc)\*3 - 7 sc - (1 sc - 1 inc)\*2 (32)

Cut an oval insole from cardboard or plastic along the length of your insole (in my case, the oval is 0.78 x 1.36 inches).

Link to the video on how to make an oval is listed below.

Press the icon  to the link.

OVAL



**4 row:** BLO 32 sc

Change thread color into yellow one, cut white thread.

**5 row:** 32 sl st (work loose enough)

**6 row:** 32 sc (work BLO sl st and stitches of the 4th row, point "2" in the photo)

**7 row:** 32 sc

Don't work the last sc in the 7th row, place the marker. It must be exactly along the center in the back.

Insert insole (you can glue it) inside the boot.

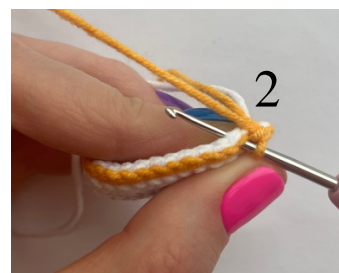
Dec from 8 to 10 rows must be exactly along the center of the toe. If it's necessary work required number of shifting sc.

**8 row:** 10 sc - 6 dec - 10 sc (26)

**9 row:** 10 sc - 3 dec - 10 sc (23)

**10 row:** 10 sc - 1 triple dec - 10 sc (21)

Link to the video on how to make triple decrease is on the next page.



## TRIPLE DECREASE

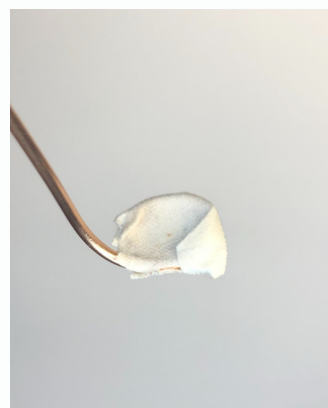
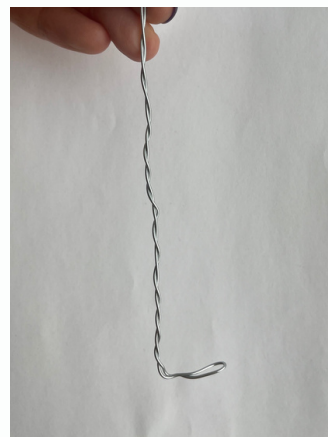


Insert wire skeleton.

Take a piece of aluminium wire of 2 mm thick and 23.4 inches long, fold in halves and bend it in spiral and wrap the part with adhesive tape, make a form of foot.

Insert wire skeleton inside the leg with wrapped end down. Then fill the foot with fiber tightly with the help of a skewer or sushi stick. Fill the leg with fiber in the process.

Link to the video on how to make a wire skeleton is listed below.



## WIRE SKELETON



**11 row:** (5 sc - 1 dec)\*3 (18)

**12 row:** 4 sc - 1 dec - 8 sc - 1 dec - 2 sc (16) (dec must be exactly at the sides of the leg)

**13 - 14 row (2 rows):** 16 sc

Change thread color into white one, cut yellow thread.

**15 row:** BLO 16 sc

Work the next 5 rows in jacquard technique (work unworking thread together with the working one).

There are the following abbreviations to make the process easier from the 16th to the 20th row "v" - bright-violet thread color, "w" - white thread color.

**16 row:** (w.1 sc - v.1 sc)\*8 (16)

**17 row:** (v.1 sc - w.1 sc)\*8 (16)

**18 row:** (w.1 sc - v.1 sc)\*8 (16)

**19 row:** (v.1 sc - w.1 sc)\*8 (16)

**20 row:** (w.1 sc - v.1 sc)\*8 (16)

Cut white thread color.

**21 row:** 16 sc

Work 3 shifting sc to have the marker exactly along the center in the back.



Change thread color into beige one, cut bright-violet thread.

**22 row:** BLO 16 sc

**23 - 24 row (2 rows):** 16 sc

Inc in 25, 30, 35 rows must be exactly at the sides of the leg. If it's necessary work required number of shifting sc.

**25 row:** 4 sc - 1 inc - 7 sc - 1 inc - 3 sc (18)

**26 - 29 row (4 rows):** 18 sc

**30 row:** 4 sc - 1 inc - 9 sc - 1 inc - 3 sc (20)

**31 - 34 row (4 rows):** 20 sc

**35 row:** 6 sc - 1 inc - 9 sc - 1 inc - 3 sc (22)

**36 - 37 row (2 rows):** 22 sc

Work 1 shifting sc to have the marker along the center in the back.

Change thread color into white one, cut beige thread.

**38 row:** BLO 22 sc

Don't work 6 sc along left leg; the marker must be exactly along the center for the inner part of the leg. Fix and cut thread, hide tail thread.

Work 9 shifting sc along right leg; the marker must be exactly the center of the inner part of the leg.

Don't cut thread, go on working the body.

### **Bind off the toe**

Attach white thread color to the 11th loop of the 6th row (point "3" in the photo) and work in turning rows by the following scheme:

**1 row:** 9 sc, 1 ch, turn the work

**2 row:** 1 dec - 5 sc - 1 sc, 1 ch, turn the work (7)

**3 row:** 1 dec - 3 sc - 1 dec, 1 ch, turn the work (5)

**4 row:** 1 dec - 1 sc - 1 dec, 1 ch, turn the work (3)

Fix and cut thread, hide tail thread.

Attach the white toe part to the boot.





### **Bind off insole**

Attach white thread to FLO of the 3rd row (point "4" in the photo) and work 32 sl st.  
Fix and cut thread, hide tail thread.

### **Bind off the top of the boot**

Attach yellow thread color to FLO of the 14th row (point "5" in the photo), 16 sc.  
Fix and cut thread, hide tail thread.

### **Bind off stocking**

Attach bright-violet thread color in the same way to FLO of the 20th row and work 16 sc. Fix and cut thread, hide tail thread.

Embroider shoe laces with white thread color (YarnArt Jeans, moulinet or Iris, divided in halves).

# Body

Fill the body with fiber in the process.  
Place the legs to have the toes facing straight.  
Leg attachment must be exactly along the center of inner part of hips.

2 ch, sl st in the last sc of the 2nd leg.

Twist wire of both legs to join them together as shown in the photo. Wrap twisted wire with adhesive tape to make wire skeleton safer.

**39 row:** along one leg: BLO 6 sc - 16 sc - along the chain: 2 sc - along the 2nd leg: 22 sc - along the chain: 2 sc (48)

Place the marker, it must be exactly along the center in the back.

**40 - 46 row (7 rows):** 48 sc

Work 11 shifting sc to have the marker exactly at the side of the body.

Change thread color into pink one, cut white thread.

**47 row:** BLO 48 sc

Change thread color into violet one, don't cut pink thread.

**48 row:** BLO 48 sc

Change thread color into purple one, don't cut violet thread.

**49 row:** 3 sc - 1 dec - (6 sc - 1 dec)\*5 - 3 sc (42)

Change thread color into yellow one, don't cut purple thread.

**50 - 51 row (2 rows):** 42 sc

Change thread color into pink one, don't cut yellow thread.

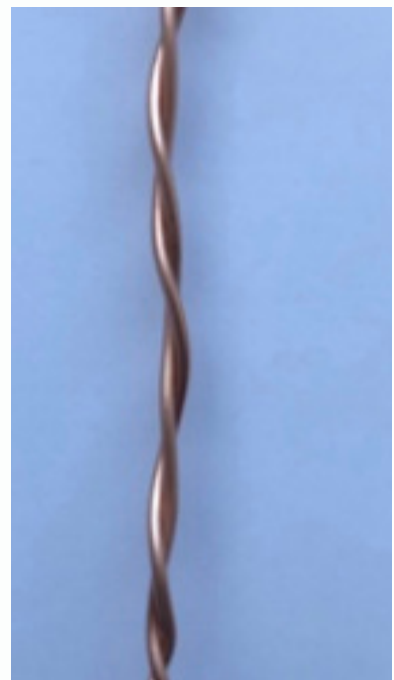
**52 - 55 row (4 rows):** 42 sc

Change thread color into violet one, don't cut pink thread.

**56 row:** 42 sc

Change thread color into purple one, don't cut violet thread.

**57 row:** 42 sc



Change thread color into yellow one, don't cut purple thread.

**58 row:** 42 sc

**59 row:** (5 sc - 1 dec)\*6 (36)

Change thread color into pink one, don't cut yellow thread.

**60 - 61 row (2 rows):** 36 sc

**62 row:** 2 sc - 1 dec - (4 sc - 1 dec)\*5 - 2 sc (30)

Work the skirt and bind off the sweater before arm attachment.

### **Skirt**

Attach white thread color to FLO of the 46th row (point "6" in the photo) and work by the scheme:

**1 row:** (2 sc - 1 inc)\*16 (64)

**2 - 4 row (3 rows):** 64 sc

**5 row:** (7 sc - 1 inc)\*8 (72)

**6 - 11 row (6 rows):** 72 sc

**12 row:** (1 sc - 1 hdc - 1 dc - 1 tr - 1 dc - 1 hdc - 1 sc)\*10 - 2 sc (72)

Change thread color into violet one, cut white thread.

**13 row:** 72 sl st

Fix ad cut thread, hide tail thread.

Divide yarn of yellow, pink, purple and violet colors in halves and embroider the flowers on the skirt. Use "French knot" technique in 3 rows in chess order. Alternate the colors.

Link to the video on how to embroider "french knot" is listed below.

**FRENCH KNOT**



### **Bind off the sweater hem**

Attach pink thread color to FLO of the 47th row (point "7" in the photo) and work 48 sc.





Go on crocheting the body. Attach the arms.

Attach the arms in 4 stitches.

If it's necessary shift the marker to have it exactly before attaching place along the left arm.

Attach the arms to the body to make the fingers facing straight.

**63 row:** 4 sc together with the arm (catch only inner part of the arm and the body together) - 11 sc along the body - 4 sc together with the arm (catch only inner part of the arm and the body together) - 11 sc along the body (30)

Insert wire inside the arms. Take a piece of wire of 1mm thick and 10.14 inches long, bend it in both ends in 0.39 inches and wrap with adhesive tape.

Insert wire in both arms behind main skeleton (see the photo). Fill the arms with fiber with the help of a skewer or sushi stick (fill the palm tightly and the rest of arm a bit).

Change thread color into violet one, cut pink thread.

**64 row:** 8 sc along left arm - 11 sc along the body - 8 sc along right arm - 11 sc along the body (38)

Change thread color into purple one, cut violet thread.

Dec in the 65th row must be exactly along the center of the shoulder.

**65 row:** 3 sc - 1 dec - 17 sc - 1 dec - 14 sc (36)

Change thread color into yellow one, cut purple thread.

**66 row:** 2 sc - 1 dec - (4 sc - 1 dec)\*5 - 2 sc (30)

**67 row:** (3 sc - 1 dec)\*6 (24)

Change thread color into beige one, cut yellow thread.



**68 row:** BLO 1 sc - 1 dec - (2 sc - 1 dec)\*5 - 1 sc (18)

**69 row:** (1 sc - 1 dec)\*6 (12)

**70 - 78 row (9 rows):** 12 sc

**79 row:** 6 dec

Cut extra wire, fix and cut thread; hide tail thread.

### **Bind off the top of the sweater**

Attach pink thread color to FLO of the 67th row (point "8" in the photo), 24 dc.

Fix and cut thread; hide tail thread.



# Head

See the photos on the next page.

Beige color.

Fill the head with fiber in the process: stuff the top of the head firmly and fill some fiber closer to the neck area.

13 ch, turn the work, from the 2nd ch.

**1 row:** 11 sc - 3 sc in 1 stitch - 10 sc - 1 inc (26)

**2 row:** 1 inc - 10 sc - 3 inc - 10 sc - 2 inc (32)

**3 row:** 1 sc - 1 inc - 10 sc - (1 sc - 1 inc)\*3 - 10 sc - (1 sc - 1 inc)\*2 (38)

**4 row:** 2 sc - 1 inc - 10 sc - (2 sc - 1 inc)\*3 - 10 sc - (2 sc - 1 inc)\*2 (44)

**5 row:** 3 sc - 1 inc - 10 sc - (3 sc - 1 inc)\*3 - 10 sc - (3 sc - 1 inc)\*2 (50)

**6 row:** 4 sc - 1 inc - 10 sc - (4 sc - 1 inc)\*3 - 10 sc - (4 sc - 1 inc)\*2 (56)

Inc in 7 and 9 rows must be exactly at the side and if it's necessary shift the marker.

**7 row:** 25 sc - 1 inc - 27 sc - 1 inc - 2 sc (58)

**8 row:** 58 sc

**9 row:** 26 sc - 1 inc - 28 sc - 1 inc - 2 sc (60)

**10 - 20 row (11 rows):** 60 sc

**21 row:** 4 sc - 1 dec - (8 sc - 1 dec)\*5 - 4 sc (54)

**22 row:** (7 sc - 1 dec)\*6 (48)

If you use safety eyes, insert them between 16 and 17 rows with a distance of 6 sc in between. Make sure, 6 sc is the distance between the attached eyes.

**23 row:** 3 sc - 1 dec - (6 sc - 1 dec)\*5 - 3 sc (42)

**24 row:** (5 sc - 1 dec)\*6 (36)

**25 row:** 2 sc - 1 dec - (4 sc - 1 dec)\*5 - 2 sc (30)

**26 row:** (3 sc - 1 dec)\*6 (24)

**27 row:** 1 sc - 1 dec - (2 sc - 1 dec)\*5 - 1 sc (18)

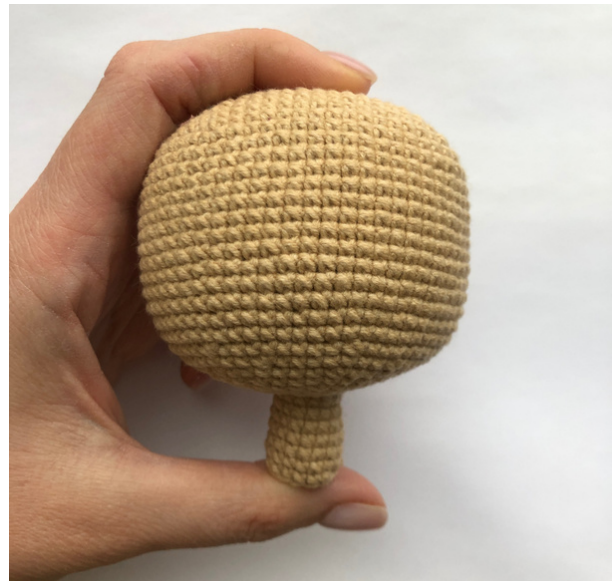
**28 row:** (4 sc - 1 dec)\*3 (15)

**29 row:** BLO 15 sc

**30 - 36 row (7 rows):** 15 sc

Fix and cut thread; hide tail thread.

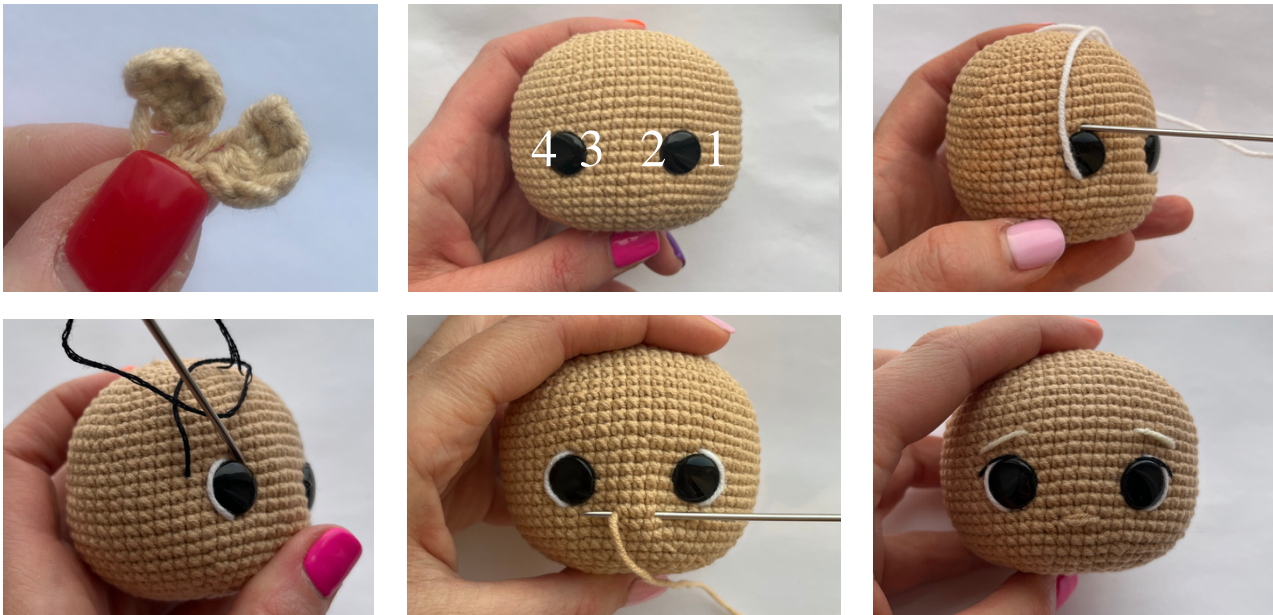
Fill the head with fiber.



Push the lower part of the neck inside the head with the help of sushi stick. Make sure the head is filled with fiber tightly and it can be easily inserted onto the neck.  
Try the head on the body.

Firstly decorate the face and then fix it to the body.

# Ears and decoration



## Ears

Beige color.

2 pieces.

**1 row:** 6 sc in MR, 1 ch, turn the work

**2 row:** 6 sc

Fix and cut thread, leave a long tail thread for attaching.

## Decoration

Make eye contraction (link to the video in next page). Make contractions with beige thread. Insert a needle in the bottom of the head, pull it out point 1 (see the photo), insert a needle in point 2 and pull it out point 3, insert a needle in point 4 and pull it out the bottom of the head. Tighten tail threads and make some strong knots. Hide tail threads inside the head. If it's necessary repeat eye contraction.

Embroider the whites of the eye with white thread.

Embroider the eyelids with black moulinet thread.

Embroider the nose with yarn of beige thread (1 sc lower than the eye, 3 sc wide; don't make more than 2-3 stitches).

Embroider eyebrows with milk moulinet thread (1-2 rows above the eyes, 4 sc wide).

Tint the cheeks, nose and eyebrows a bit with oil pastel or blusher of pink color.

Attach the ears between 17-20 rows in the distance of 6-7 sc from the eyes.

# Hair



## Wig

Milk color.

13 ch, turn the work, from the 2nd ch.

**1 row:** 11 sc - 3 sc in 1 stitch - 10 sc - 1 inc (26)

**2 row:** 1 inc - 10 sc - 3 inc - 10 sc - 2 inc (32)

Work tresses along the chain, but turn the work, from the 3rd ch. Work the first 10 hdc loose enough to make these hdc curl better. Don't work loose the rest of the stitches.

**3 row:** 1 - 32 tress (32 tresses): (1 sc - 52 ch, turn the work, from the 3rd ch - 50 hdc)\*32

Fix and cut thread, leave a long tail thread for attaching.

Attach or glue the wig to the top of the head as it's shown on next page.

## Hairpin

Purple color.

9 ch, turn the work, from the 2nd ch.

**1 row:** 1 sc - 2 hdc - 2 dc - 2 hdc - 1 sc (8)

Fix and cut thread, leave a long tail thread for attaching.

Sew the hairpin to hair at the side, as it's shown in the photo on next page.



Sew the wig to the top of the head.  
Sew tresses in 2 rows: firstly the bottom row (allocate tresses in every 2nd one), then the upper row (the rest of tresses).

Attach side tresses overlapped.

Tint the ends of tresses with oil pastel of pink or light-blue color. Pink color is along right side and blue one - along left side.



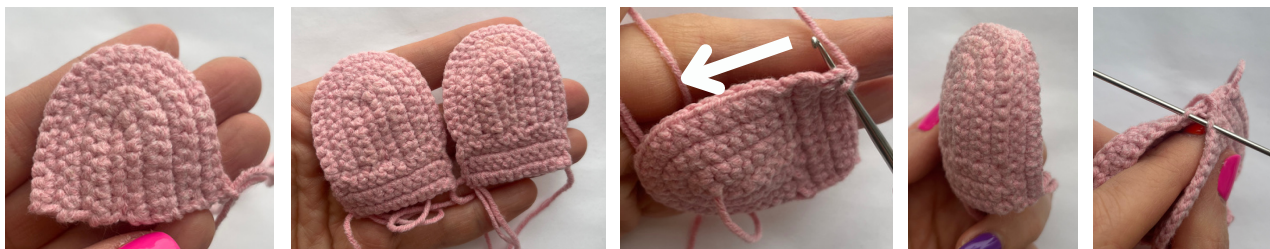
### **Head attachment**

After head decoration, attach it to the body.  
Link to the video on how to attach the head to the body.

**HEAD ATTACHMENT**



# Backpack



## Main piece

Pink thread color. 2 pieces.

9 ch, turn the work, from the 2nd ch.

**1 row:** 7 sc - 3 sc in 1 stitch - 7 sc, 1 ch, turn the work (17)

**2 row:** 6 sc - (1 sc - 1 inc)\*2 - 7 sc, 1 ch, turn the work (19)

**3 row:** 6 sc - (2 sc - 1 inc)\*2 - 7 sc, 1 ch, turn the work (21)

**4 row:** 6 sc - (3 sc - 1 inc)\*2 - 7 sc, 1 ch, turn the work (23)

**5 row:** 6 sc - (4 sc - 1 inc)\*2 - 7 sc, 1 ch, turn the work (25)

**6 row:** 6 sc - (5 sc - 1 inc)\*2 - 7 sc, 1 ch, turn the work (27)

Work only along the bottom of the piece in turning rows:

**7 - 10 row (4 rows):** 12 sc, 1 ch, turn the work

**11 row:** 12 sc

Fix and cut thread of one piece and hide tail thread.

Don't cut tail thread of the 2nd piece; go on working.

**12 row:** work along side edge. The process direction is shown with an arrow in the photo: 5 sc - FLO 27 sc - 5 sc, 1 ch, turn the work(37)

**13 row:** 37 sc, 1 ch, turn the work

**14 row:** 37 sc

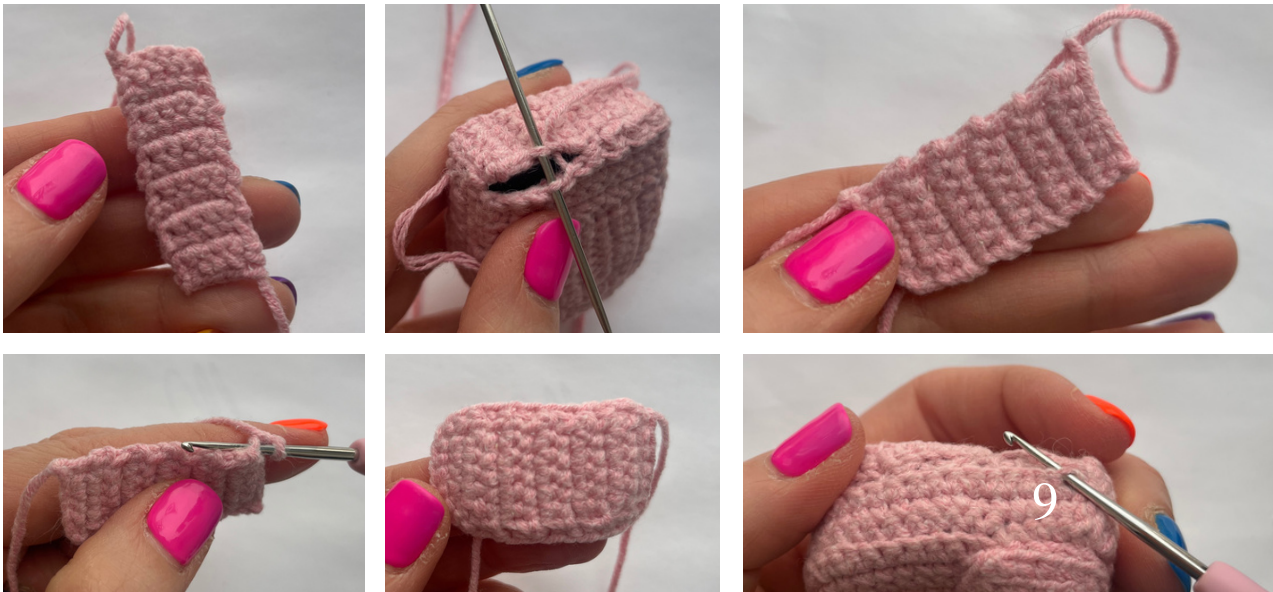
Fix and cut thread, leave a long tail thread for attaching.

Cut 2 semi-ovals from cardboard or plastic according to the side of your pieces (in my case, it's 1.56x1.95 inches).

Glue the ovals inside the main pieces.

Attach 2 pieces together in BLO with the help of a needle. Fill the backpack with fiber in the process.





### **Backpack bottom**

Pink thread color.

6 ch, turn the work, from the 2nd ch.

**1 - 11 row (11 rows):** 5 sc, 1 ch, turn the work

**12 row:** 5 sc

Fix and cut thread, leave a long tail thread for attaching. Sew the bottom to the backpack.

### **Pocket**

Pink thread color.

7 ch, turn the work, from the 2nd ch.

**1 - 10 row (10 rows):** 6 sc, 1 ch, turn the work

**11 row:** 6 sc

Bind off the piece with sc round.

Fix and cut thread, leave a long tail thread for attaching. Sew the pocket to the backpack.

### **Bind off the main piece of backpack**

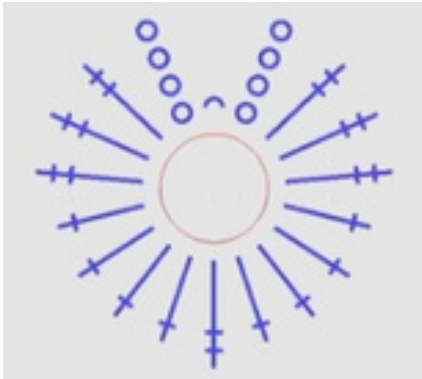
Attach pink thread to the rest of FLO of the row, where 2 pieces were attached (point "9" in the photo), sl st.

### **Backpack handle**

Pink color.

10 ch, turn the work, from the 2nd ch - 9 sc. Fix and cut thread, leave a long tail thread for attaching.





### **Stripes**

Pink thread color, 2 pieces.

35 ch, turn the work, from the 2nd ch - 34 sc.

Fix and cut thread, leave a long tail thread for attaching. Attach the stripes to the back of the backpack.

### **Heart**

Use hook of less number. Divide purple thread color in halves.

MR - 4 ch - 3 tr - 4 dc - 1 tr - 4 dc - 3 tr - 4 ch - sl st in MR

Tighten the hole, fix and cut thread, leave a long tail thread for attaching.

Attach the heart to the backpack.

There is a scheme of heart in the photo and link to the video above.

Embroider stitches imitating the zip with black moulinet thread in 2-3 threads. Make French Knots to imitate lock.

Tint the zip with oil pastel of black color.

# Our Enid Sinclair is ready!



Thanks for buying the pattern!

If you publish the photos of your completed doll on Instagram, please tag me

@pollytoys\_crochet

I look forward to seeing the beautiful photos of your dolls.

If you have any questions in the process, e-mail me:

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Have a cozy day!

Daria,

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